



# Chef Bio Reshma Khan

*Mumbai, India*

The aroma in Reshma Khan's kitchen will take you on a journey to India, where ancient recipes waft tales of royal banquets and rustic delights. Hailing from a family of restaurateurs ("...we are very proud of the immense variety in Indian cuisine," she explains), Reshma grew up spending many a summer holiday watching chefs cook and honing her talent under trained eyes.

Reshma grew up in the bustling metropolis of Mumbai but has travelled across India, savoring the varied ingredients that distinguish each region. Her own family is an Indian cosmos: her parents and in laws hail from Kerala, Hyderabad, Maharashtra and Gujarat. As a result, Reshma is familiar with recipes of different communities, festivals and regions of India.

Over the years, Reshma has collected recipes from relatives and friends, all sharing specialties ranging from family favorites to local delicacies. Compiled into a journal, the book is like a travel guide, albeit with a hint of aroma.

Yet, what sets apart her cooking style is her leap in faith and time. Reshma believes that gastronomy can be made simple, and can cater to the requirements of modern life without losing authentic flavours. Those who have watched Reshma cook, asked her for tips to salvage a culinary disaster, or merely wondered what to do with leftovers, have all been served with simple but innovative ideas.

A warm personality, Reshma's enthusiasm for cooking is as infectious as it is appetizing.